- --104. Implant for the reconstruction of soft tissue, said implant comprising: one spaghetti like strand made of a physiologically compatible material having a surface that is wettable by a fluid lubricant.
 - 105. Implant according to claim 104, wherein said implant has a hydrophilized surface.
- 106. Implant according to claim 104, wherein the surface is hydrophilized surface and the lubricant is aqueous.
 - 107. Implant according to claim 104, wherein the fluid lubricant is swellable.
- 108. Implant according to claim 104, wherein the fluid lubricant is a polysaccharide or glucosaminoglycan.
 - 109. Implant according to claim 104, wherein a surface of the implant is hydrophobic.
- 110. Implant according to claim (04, wherein said implant contains fat or oil wetting the hydrophobic surface as the fluid lubricant.
 - 111. Implant according to claim 110, wherein material is a plastic.
 - 112. Implant according to claim 104, wherein material is a silicone rubber.
- 113. Implant according to claim 104, wherein the material comprises polydimethylsiloxane.
 - 114. Implant according to claim 104, wherein the material is a polysaccharide.

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115. Implant according to claim 104, wherein the plastic is cuprophane.

- 116. Implant according to claim 104; wherein the material has a foam structure.
- 11X. Implant according to claim 104, wherein an X-ray contrast medium or a dye is incorporated into the material.
- 118. Implant according to claim 104, consisting essentially of said spaghetti-like strand.
 - 119. Implant according to claim 104, consisting of said spaghetti-like strand.
- 120. Implant according to claim 76, consisting essentially of said plurality of spaghettilike strands.
- 121. Implant according to claim 76, consisting of said plurality of spaghetti-like strands.
- 122. Implant according to claim 90, consisting essentially of said plurality of spaghettilike strands.
- 123. Implant according to claim 90, consisting of said plurality of spaghetti-like strands.
- 124. Implant according to claim 76, wherein at least one of said plurality of spaghetti-like strands are solid.
 - 125. Implant according to claim 104, wherein said strand is solid.
- 126. A method of implanting the implant of claim 76 into a subject comprising implanting the implant of claim 76 at a desired site of a subject.

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